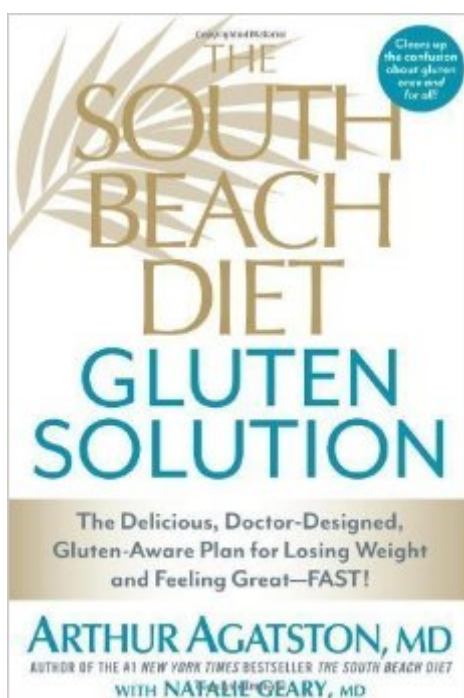


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# The South Beach Diet Gluten Solution: The Delicious, Doctor-Designed, Gluten-Aware Plan For Losing Weight And Feeling Great--FAST! By Arthur Agatston (April 2 2013)



## Book Information

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Gives very good information on the "mysterious" Gluten, its effects on the body and alternatives for a healthier lifestyle.

Article received in timely manner and in excellent condition. Everyone interested in gluten should get this book. Very informative. HB

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